



भारतीय चिकित्सा केन्द्रीय परिषद्

आयुष मंत्रालय, भारत सरकार के अधीन एक सांविधिक निकाय
कार्यालय: 61-65, संस्थानिक क्षेत्र, जानकपुरी डी-ब्लॉक, नई दिल्ली -110058
CENTRAL COUNCIL OF INDIAN MEDICINE
A STATUTORY BODY UNDER THE MINISTRY OF AYUSH, GOVT. OF INDIA
OFFICE: 61-65, INSTITUTIONAL AREA, JANAKPURI D-BLOCK, NEW DELHI-110058

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क्रमांक / Ref. No. 24-14/2020-(UG Regulation)

दिनांक / Dated: 05.02.2021

To

The Principal/Dean/Directors of ASU Colleges.

Subject:- Transitional Curriculum of ASU -reg.

Sir,

With reference to subject mentioned above, I am directed to say that Central Council of Indian Medicine has created 15 days Transitional Curriculum for 1st year students admitted in this year.

Therefore, BOG in its 21st meeting held on 03.02.2021 decided to implement Transitional Curriculum for the students admitted in 1st year batch i.e. 2020-21, which is being forwarded to you for strict implementation in your Colleges under intimation to this council.

This issues with the approval of Chairman, Board of Governors, CCIM.

Yours faithfully,

(Shamshad Bano)
Secretary

Copy to:-

1. Chairperson BOG, Central Council of Indian Medicine, New Delhi-110058.
2. Secretary to Govt. of India, Ministry of AYUSH, Ayush Bhawan, B-Block, GPO Complex, INA, New Delhi- 110023.
3. Guard file (Ayurved).

(Shamshad Bano)
Secretary

TRANSITIONAL CURRICULUM

UNANI

Duration :-90 Hours

1 st Day	9 AM – 11 AM	Inaugural Function
	11 AM – 12 PM	Interaction with Parents
	12 PM – 1 PM	Interaction with students
	1 PM - 2 PM	Lunch
	2PM – 3 PM	Uniqueness of Ayurveda/Siddha/SowaRigpa/Unani (ASSU) compared to other systems of Medicine
	3PM – 4 PM	Language (Arabic)
2 nd day	9 AM – 10 AM	History, Philosophy and concepts of ASU- Introduction by eminent person.
	10 AM – 11 AM	Introduction about Modern Medicine and other systems of Medicine
	11 AM – 12 PM	Role of ASU in Public Health and Primary Health Centre
	12 PM – 1 PM	Language (Arabic)
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Know your institute and department visit
	3 PM – 4 PM	Motivational Lecture including by eminent person of ASU
3 rd & 4 th Day	9 AM – 10 AM	History, Philosophy and concepts of ASU - introduction by eminent person.
	10 AM – 11 AM	Recent advances in ASU
	11 AM – 12 PM	Know Regulatory bodies & Statutory bodies and major AYUSH institutions
	12 PM – 1 PM	Language Arabic
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Know your institute and department visit
	3 PM – 4 PM	Lecture by eminent person of ASU
5 th & 6 th	9 AM – 10 AM	Language Arabic

Day	10 AM – 11 AM	Clinical exposure
	11 AM – 12 PM	Role and impact of Physician in the society
	12 PM – 1 PM	Basics of Akhlaat and Mizaj
	1 PM - 2 PM	Lunch
	2 PM – 4 PM	Skills – Basic Life Support (BLS) and First Aid
7 th Day	9 AM – 10 AM	Language Arabic
	10 AM – 11 AM	Clinical exposure
	11 AM – 12 PM	Ilmul Nabataat , Madniyaat or Haiwanaat
	12 PM – 1 PM	Professional Medical Ethics
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Computer skills
	3 PM – 4 PM	Games and sports grouping students and giving tasks
8 th & 9 th Day	9 AM – 10 AM	Communicative English
	10 AM – 11 AM	Biodiversity and ASU →
	11 AM – 12 PM	Language. Arabic
	12 PM – 1 PM	<u>Yoga (Riyazat) and Meditation</u> ,
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Lecture from eminent person in ASU
	3 PM – 4 PM	Games and Activities
10 th Day	9 AM – 10 AM	Communicative English
	10 AM – 11 AM	Know your syllabus, lectures by HoD
	11 AM – 12 PM	Language. Arabic
	12 PM – 1 PM	Yoga Practice (Riyazat) and relaxation Techniques
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Computer skills

	3 PM – 4 PM	Games and Activities
11 th Day	9 AM – 10 AM	Language Arabic
	10 AM – 11 AM	National Health Status, Goals and Policies
	11 AM – 12 PM	Lecture by eminent Pharmaceutical industrialist/ Researcher/ Educationist etc.
	12 PM – 1 PM	Stress management and Capacity building to address medical challenges
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Stress management and Capacity building to address medical challenges
	3 PM – 4 PM	Videos related to AYUSH
12 th Day	9 AM – 11 AM	Language Arabic
	11 AM – 1 PM	Motivational Speech by eminent person of ASU
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Discussion, debate, Tasks
	3 PM – 4 PM	Feedback by the students
13 th Day	9 AM – 11 AM	Importance of Diet in ASU
	11 AM – 12 PM	Personal Health & Hygiene
	12 PM - 1 PM	Language Arabic
	1 PM – 2 PM	Lunch
	2 PM – 3 PM	Time Management
	3 PM – 4 PM	Biomedical Waste Management
14 th Day	Learning Skills	
	9 AM – 10 AM	Understanding interpersonal relationship in a health care team
	10 AM – 11 AM	Understanding the role of mentoring
	11 AM – 1 PM	Comprehend the learning Pedagogy and the role in learning skills
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Understanding the process of group learning and group dynamics
	3 PM – 4 PM	Understanding different methods of self learning and collaborative

		learning
15 th Day		Field visit to other institutions, eminent practitioners, AYUSH hospitals /dispensaries, Pharmaceuticals and other institutions